

Today's Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Welcome to Arena Chiropractic! Your Health History is important to us. Please follow the instructions throughout the form and provide us with as much information about yourself as possible.



Are you the patient or are you completing this for the patient?

I am the patient I am completing this for the patient Name \_\_\_\_\_

Is the patient a minor Yes No

Patient Title: (check one) Mr. Mrs. Ms. Miss Dr. Prof. Rev.

First Name \_\_\_\_\_

Last Name \_\_\_\_\_ Middle Name \_\_\_\_\_ Suffix \_\_\_\_\_

Address 1 \_\_\_\_\_

Address 2 \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Primary Phone \_\_\_\_\_ Secondary Phone \_\_\_\_\_

Primary Email \_\_\_\_\_

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_\_ Gender (check one) Male Female

Marital Status (check one) Single Married Other

Race (check one)

White Black/African American American Indian/Alaskan Native Asian Native Hawaiian or other Pacific Island Other I choose not to specify

Ethnicity (check one) Hispanic or Latino Not Hispanic or Latino I choose not to specify

Preferred Language (check one)

English Spanish Chinese French Tagalog American Sign Language Other I choose not to specify

Employment Status (check one)

Employed FT Student PT Student Other Retired Self Employed

Employer Name \_\_\_\_\_ Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone \_\_\_\_\_ Job Description \_\_\_\_\_

**Insurance Information**

Subscriber's Name: \_\_\_\_\_ Date of Birth \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Relationship to patient: \_\_\_\_\_

Insurance Co.: \_\_\_\_\_ Policy #: \_\_\_\_\_

Is patient covered by additional insurance?  Yes  No

Subscriber's Name: \_\_\_\_\_ Date of Birth \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Relationship to patient: \_\_\_\_\_

Insurance Co.: \_\_\_\_\_ Policy #: \_\_\_\_\_

**Please list current medications** (prescription, over-the-counter and supplements) including frequency and dosage if known. **If there are no current medications, check here:**

- 1) \_\_\_\_\_ 5) \_\_\_\_\_
- 2) \_\_\_\_\_ 6) \_\_\_\_\_
- 3) \_\_\_\_\_ 7) \_\_\_\_\_
- 4) \_\_\_\_\_ 8) \_\_\_\_\_

**List any known allergies you have had to any medications.**

**If no allergies are known, check here:**

- 1) \_\_\_\_\_ 3) \_\_\_\_\_
- 2) \_\_\_\_\_ 4) \_\_\_\_\_

**Do you currently smoke tobacco of any kind?**  Yes  Former smoker  Never been a smoker

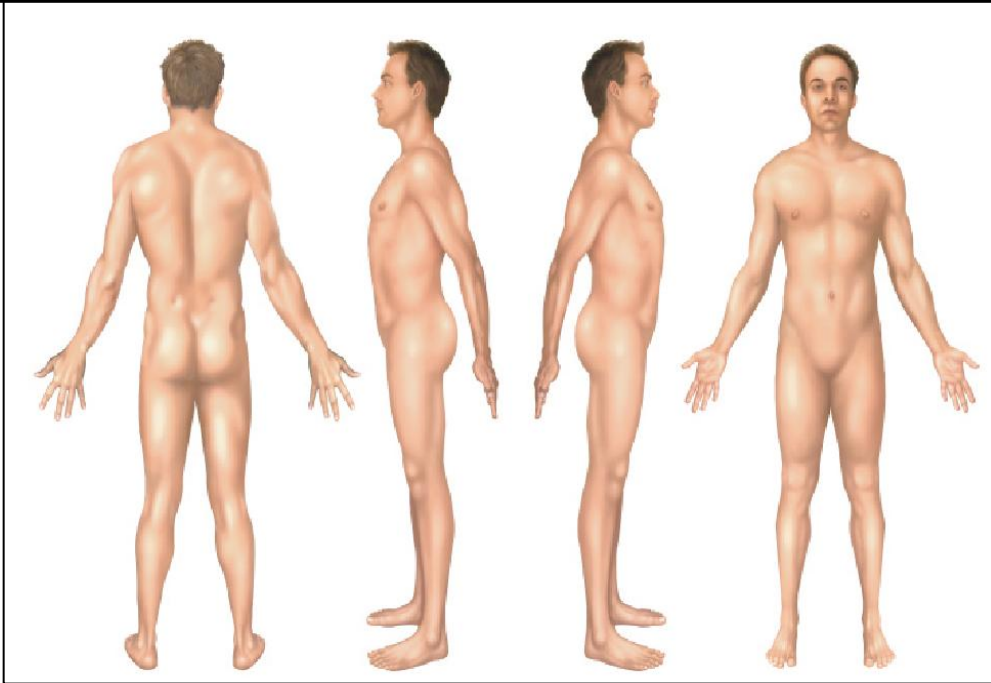
**Has any doctor diagnosed you with Hypertension presently?**  Yes  No

If yes, describe: \_\_\_\_\_

**Has any doctor diagnosed you with Diabetes presently?**  Yes  No

By using the key below, indicate on the body diagram where you are experiencing the following symptoms:

# = Numbness    X = Burning    / = Stabbing    0 = Pins & Needles    + = Dull Ache    P = Pain



Describe your symptoms: \_\_\_\_\_

When did your symptoms start?    Month\_\_\_\_\_    Day\_\_\_\_\_    Year\_\_\_\_\_

How did your symptoms begin? \_\_\_\_\_

Indicate the intensity of your symptoms    0 ----- 10

No Pain

Worst Pain

Prior interventions- What have you done to relieve the symptoms?

- |  |                                      |  |                                       |
|--|--------------------------------------|--|---------------------------------------|
| <input type="checkbox"/> Prescription medication | <input type="checkbox"/> Acupuncture | <input type="checkbox"/> Over the counter medication | <input type="checkbox"/> Ice          |
| <input type="checkbox"/> Homeopathic remedies    | <input type="checkbox"/> Heat        | <input type="checkbox"/> Physical therapy            | <input type="checkbox"/> Chiropractic |
| <input type="checkbox"/> Massage                 | <input type="checkbox"/> Other _____ |  |                                       |

Is your condition due to an accident?     Yes     No    Date \_\_\_\_\_

Type of accident     Auto     Work     Home     Other \_\_\_\_\_

To whom have you reported your accident?

Auto Insurance     Employer     Workers Comp.     Other \_\_\_\_\_

Attorney Name (if applicable) \_\_\_\_\_

Is there anything else we should know about your current condition? \_\_\_\_\_

\_\_\_\_\_

**Musculoskeletal**  No Issues

Osteoporosis <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No	Arthritis <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No	Scoliosis <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No	Neck Pain <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No
Back Problems <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No	Hip disorders <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No	Knee injuries <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No	Foot/ankle pain <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No
Shoulder problems <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No	Elbow/wrist pain <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No	TMJ issues <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No	Poor posture <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No

**Neurological**  No Issues

Anxiety <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No	Depression <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No	Headache <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No	Dizziness <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No
Pins and needles <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No	Numbness <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No		

**Cardiovascular**  No Issues

High blood pressure <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No	Low blood pressure <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No	High cholesterol <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No	Poor circulation <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No
Angina <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No	Excessive bruising <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No		

**Respiratory**  No Issues

Asthma <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No	Apnea <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No	Emphysema <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No	Hay fever <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No
Shortness of breath <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No	Pneumonia <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No		

**Digestive**  No Issues

Anorexia/bulimia <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No	Ulcer <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No	Food sensitivities <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No	Heartburn <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No
Constipation <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No	Diarrhea <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No		

**Sensory**  No Issues

Blurred vision <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No	Ringling in ears <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No	Hearing loss <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No	Loss of smell <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No
Loss of taste <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No	Chronic ear infection <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No		

<b>Integumentary</b> <input type="checkbox"/> No Issues			
Skin cancer <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No	Psoriasis <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No	Eczema <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No	Acne <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No
Hair loss <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No	Rash <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No		
<b>Endocrine</b> <input type="checkbox"/> No Issues			
Thyroid issues <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No	Immune disorders <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No	Hypoglycemia <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No	Frequent infection <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No
Swollen glands <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No	Low energy <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No		
<b>Genitourinary</b> <input type="checkbox"/> No Issues			
Kidney stones <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No	Infertility <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No	Bedwetting <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No	Prostate issues <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No
Erectile dysfunction <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No	PMS symptoms <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No		
<b>Constitutional</b> <input type="checkbox"/> No Issues			
Fainting <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No	Low libido <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No	Poor appetite <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No	Fatigue <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No
Sudden weight gain/loss <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No	Weakness <input type="checkbox"/> Have <input type="checkbox"/> Had <input type="checkbox"/> No		

Have you ever had surgery?  Yes  No If yes, please list reason and date \_\_\_\_\_

Please list any previous injuries \_\_\_\_\_

**Family History**

Relative	Health Condition/Illness
Mother	
Father	
Brother(s)	
Sister(s)	
Son(s)	
Daughter(s)	

What are your typical eating habits?

- Skip Breakfast       2 meals a day       3 meals a day       Snacking between meals

**Privacy Verification**

- I may request a copy of the Privacy Policy and understand it describes how my personal health information is protected and released on my behalf for seeking reimbursement from any involved third parties.

**Permission to Contact**

- I grant permission to be called to confirm or reschedule an appointment and to be sent occasional cards, letters, emails or health information to me as an extension of my care in this office.

**Payment Verification**

- I acknowledge that any insurance I may have is an agreement between the carrier and me and that I am responsible for the payment of any covered or non-covered services I receive.

**General Verification**

- To the best of my ability, the information I have supplied is complete and truthful. I have not misrepresented the presence, severity or cause of my health concern.

**Signature of Patient** \_\_\_\_\_